



## Organic Body Care Made Easy: 147 Homemade Aromatherapy Essential Oil and Herbal Recipes for Glowing Skin and Radiant Hair (Body Butters, Body Scrubs, Masks, Creams, Lotions, Perfumes, Bath Recipes, Massage Oils, Shampoos and

By Samantha Stephenson

Createspace, United States, 2014. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Discover Natural Beauty! Discover Health! Everyone wants to have beautiful skin and radiant hair but this should not be achieved at the expense of your health. However, if we continue to use chemical-laden commercial beauty products, we could end up destroying the body we are trying to make more beautiful. In Organic Body Care Made Easy, Samantha Stephenson has provided a collection of natural, chemical-free formulations that provide safe and healthy alternatives for personal body care. Now you can take charge of your personal beauty regimen by controlling the substances that you apply to your body. Stephenson is a natural beauty enthusiast with a passion for creating homemade goodies for organic body care. Besides being effective, the 147 recipes in this book are simple and very easy to make. The ingredients can be bought easily and you may already have some of them in your home. They are fun, inexpensive and highly rewarding. These natural beauty recipes with essential oils, herbs and other natural ingredients will deliver the results that you want without endangering your

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### Reviews

*The book is fantastic and great. This is for anyone who statte there was not a worthy of reading. I found out this publication from my i and dad advised this pdf to learn.*

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*Great eBook and useful one. it was actually writtern really completely and useful. You are going to like the way the article writer publish this publication.*

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