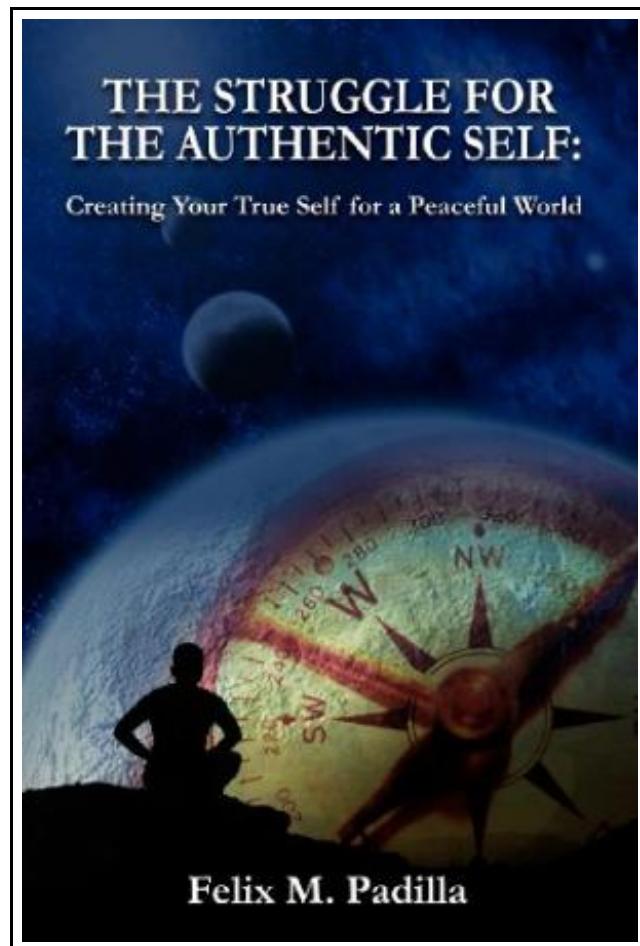


## The Struggle for the Authentic Self, Creating Your True Self for a Peaceful World



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## THE STRUGGLE FOR THE AUTHENTIC SELF, CREATING YOUR TRUE SELF FOR A PEACEFUL WORLD

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Indigo Heart Publishing. Paperback. Book Condition: New. Paperback. 248 pages. Dimensions: 9.0in. x 6.0in. x 0.6in. The Struggle for the Authentic Self: Creating Your True Self for a Peaceful World concerns itself with the issue of self identity and awareness, as such, it is built around two inter-related and very central questions: Who is the real me and What is my purpose for living in the human world. In response to these two and other related questions, the books purpose is to awaken in individuals an intense desire to live an authentic reality, recognizing that their self identity is not their true, authentic self for it does not originate from their true nature. Dr. Padilla integrated the work of social scientists, philosophers, quantum physicists, spiritual mystics, writers and practitioners, literary writers, singers and his personal experience to create a text which aims to inspire individuals to recognize that the attainment of the authentic self represents the ultimate, infinite purpose for which they live in the human world. That all other finite purposes, like the pursuit of happiness and love, living in caring and compassion cannot come prior to the attainment of the authentic self. How can a person feel love for self and others when that person does not know self from within the essence and beauty of his/her true nature. Dr. Padilla uses the word struggle in the title of the book to firmly establish how the attainment of the authentic self represents a struggle, a battle or fight to be waged against the conditioned lesser self or the self that society and individuals collaborated to create. Society is fully equipped with a wide array of forces of influence to sway individuals away from the authentic self so to ensure that they develop into and remain living as normal, ordinary,...



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