



Police Sports tutorial (Shanghai Undergraduate Postgraduate education in the direction of Highland Construction Criminal Justice series of textbooks)

By TAN XIAO YONG // JIANG XI // WANG CUN WEN

DOWNLOAD



paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Pages Number: 282 Publisher: Guangxi Normal University Pub. Date :2010-03-01 version 1. The book is divided into nine chapters. the Police Sports concept. purpose and task of the police sports. characteristics and importance are described. Both contemporary sports training based on the theory. describing the speed. strength. endurance. flexibility. agility scientific training methods. and increased barriers to the contents of the military 400 meters. Police described the unarmed martial arts. boxing area. legs. knees. elbows. throwing and joint offensive and defensive counter-control technology. Collate the relevant police batons standard tools and basic offensive and defensive techniques. and further enriched the police martial arts technology system. Also describes the inventory. search. escort. arrest and other police-based tactics. Swimming technique described in detail in various sections of swimming techniques and increased ambulance armed swimming and water content. Orienteering chapter directional movement into the police the first time the contents of sports materials to enhance students' ability in map and field combat capability. Police also highlighted the psychological and mental health education and training. a common injury of the basic process. in...

Reviews

A very wonderful book with lucid and perfect answers. It is probably the most incredible book i have study. Its been designed in an exceptionally simple way and is particularly just after i finished reading through this publication by which in fact transformed me, alter the way in my opinion.

-- Macey Schneider

This pdf may be worth acquiring. It is definitely simplified but surprises inside the fifty percent of the pdf. I am pleased to let you know that this is the very best ebook we have read inside my own lifestyle and could be the finest publication for ever.

-- Prof. Abe Satterfield IV

Other Books



scientific literature retrieval practical tutorial(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Pages Number: 241 Publisher: Chongqing University Press Pub. Date :2003-08. This book is the second edition of seven years after the...



Third grade - students fun reading and writing training

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Pages Number: 171 Publisher: Shanghai Far East Publishing House Pub. Date :2010-8-1. First. the layout of the book is organized sound...



TJ new concept of the Preschool Quality Education Engineering: new happy learning young children (3-5 years old) daily learning book Intermediate (2) (Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the Youth Pre-employment Training software download generated pictures...



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (3-5 years) Intermediate (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the Youth Pre-employment Training software download generated pictures...



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (2-4 years old) in small classes (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the Youth Pre-employment Training software download generated pictures...



xk] 8 - scientific genius kids favorite game brand new genuine(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2010-01-01 Pages: 270 Publisher: Dolphin Publishing Our Books all book of genuine special spot the subject has refused...
