

The [H1 genuine] HQ test your health quotient: health self-test(Chinese Edition)



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Reviews

Comprehensive guideline! Its this sort of good read. It is actually writer in simple terms and never hard to understand. Its been developed in an exceedingly simple way which is just after i finished reading through this ebook where actually changed me, modify the way in my opinion.
(Mabelle Wuckert)

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paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Pub Date :2004-01-01 Publisher: China Light Industry Press title: HQ Test your health quotient: Healthy self-test the original price: 20 yuan Author: Wei-Feng Wang ed Press: China Light Industry Press Publication Date: 2004 - 01-01 ISBN: 9787501941636 Words: Page: Revision: Binding: Folio: Product ID: Garden Wing: 300302 China Light Industry Press Editor's Choice as the new century health concept proposed the concept of the health of the people significant changes in the Health Quotient (Health Quotient) concept emerged. Sense of self-care. health knowledge. good lifestyle. healthy living environment is a health guarantee. Busy life. however. when a minor illness very hesitant. I do not know whether to go to medical inquiry or busy for minor ailments. Sub-health state has been spread in the crowd . So how can a preventive measure? Take preventive measures? The EXECUTIVE SUMMARY people are increasingly concerned about their own health. but what kind of indicators to comprehensively assess a person's health status? The medical experts at home and abroad in recent years. with reference to intelligence quotient (IQ). emotional intelligence (EQ) mode. created the Health Quotient (HQ) concept. Kin. comprehensive health quotient is a physical and mental situation. The book is a Fellow of the Royal College of Physicians of Canada Dr.Wah Jun Tze HQ Concept. combined with the actual survival of the Chinese people. since A concise form of self-test questions ourselves. and the preparation of a comprehensive scientific testing and health provider level. and gives suggestions of how to improve personal health quotient. Finally. this book has set the a health quotient balance wheel. according the HQ size subjects to draw the round. so that their own understanding of their own health quotient...



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