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Emotionally Healthy Spirituality Course: It's Impossible to be Spiritually Mature, While Remaining Emotionally Immature

By Peter Scazzero

ZONDERVAN, United States, 2014. DVD video. Book Condition: New. 180 x 138 mm. Language: English . Brand New Book. For those desiring to take steps in their Christian life and discipleship, to break free from bondage to the past and experience healing, Emotional Healthy Spirituality is an eight-session, video-based Bible study on the integration of emotional health and contemplative spirituality. Many sincere followers of Christ, followers who are really passionate for God, join a church, participate weekly in a small group, serve with their gifts, and who are considered mature, remain stuck at a level of spiritual immaturity—especially when faced with interpersonal conflicts and crises. The Emotionally Healthy Spirituality video study offers a strategy for discipleship that address this void, giving you powerful pathways to transformation that will help you mature into a faith-filled with authenticity and a profound love for God. This video can be used for personal reflection or for group discussion with the accompanying participant's guide.



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