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## The Pregnancy Countdown Book: Nine Months of Practical Tips, Useful Advice, and Uncensored Truths

By Susan Magee, Kara Nakisbendi

Quirk Books. Paperback. Book Condition: new. BRAND NEW, The Pregnancy Countdown Book: Nine Months of Practical Tips, Useful Advice, and Uncensored Truths, Susan Magee, Kara Nakisbendi, "The Pregnancy Countdown Book" starts on Day 280 and counts down all the major milestones - with one page of helpful information for each day of pregnancy. Here are tips from doctors and midwives, amusing anecdotes from new moms, and occasional icky-but-important medical information (if you're familiar with lochia, you know what we mean). Every page offers interesting revelations. On Day 231, your baby will be the size of a blueberry - but by Day 168, she'll be the size of a large avocado. By Day 124, you'll need to stop sleeping on your back; by Day 90, air travel becomes a dicey proposition. And if you haven't planned the nursery by Day 45, you're playing with fire. The perfect gift for expecting moms, "The Pregnancy Countdown Book" will help women navigate the most bewildering but exciting forty weeks of their lives.



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### Reviews

*It is an awesome pdf i have possibly go through. It really is filled with wisdom and knowledge You will not really feel monotony at whenever you want of your time (that's what catalogues are for relating to in the event you ask me).*

-- Horace Schroeder

*This kind of book is every little thing and made me searching ahead of time plus more. This is certainly for anyone who statte that there was not a well worth reading through. Its been developed in an remarkably straightforward way in fact it is simply following i finished reading this pdf in which really modified me, alter the way i really believe.*

-- Ivy Pollich