



Asthma: Answers at Your Fingertips (Paperback)

By Dr. Alex Bailey

CLASS PUBLISHING, United Kingdom, 2013. Paperback. Book Condition: New. 5th Revised edition. 208 x 148 mm. Language: N/A. Brand New Book. PRACTICAL ANSWERS ONE HUNDRED REAL QUESTIONS. Asthma is a very common condition, affecting people of all ages from infant to adult. Many people are not aware that it can be very dangerous, even fatal, if it is not taken seriously and properly treated, as it can flare up without warning. Asthma needs regular preventative treatment and the authors explain why this is so important. They show you: * How to recognise danger signs. * When to worry and when not to. * What to do in an emergency. * When to call for help. This Fifth Edition of Asthma: Answers at your Fingertips answers 100 real questions on asthma asked by people with asthma and their families, and answered by experts in the practical treatment of asthma. It helps you to take control of your condition, so that you can lead a normal, active life, free of symptoms. Available on Kindle. Table of Contents: Part 1 Introduction Part 2 What is asthma and how does it affect people? Part 3 Symptoms and triggers of asthma Part 4 How is asthma...



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