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## More Than Happy: The Wisdom of Amish Parenting (Hardback)

By Serena B. Miller

Atria Books, United States, 2015. Hardback. Book Condition: New. 230 x 150 mm. Language: English . Brand New Book. In the tradition of Bringing Up Bebe and Battle Hymn of the Tiger Mother, an in-depth look at the practices and principles of Amish parents and how they raise children who are self-sufficient, hard-working, and remarkably happy. The more time Serena Miller spent in Holmes County, Ohio, doing research for her popular Amish novels, the more she began to notice something Amish children were the happiest children she'd ever seen. Despite not having modern toys and conveniences, they are joyful, serene, calm, and respectful not to mention whipping up full meals and driving buggies before most of us will allow our children to walk to school alone. And yet, when she started asking questions about what these parents were doing differently, she was startled to learn that happiness is not a goal Amish strive for at all. In More Than Happy Miller uncovers many surprising insights, including the significance of real responsibilities, the wisdom of unplugging from technology, the value of unstructured time to play, the importance of firm rules, and the importance of each teenager's freedom to decide...



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